

ROLESVILLE HIGH SCHOOL BANDS

1099 East Young St.

Rolesville, North Carolina 27571

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INSTRUCTION SHEET: #1

PUBLISHED: 16 JUL 2021

SUBJECT: 2021 – 2022 Summer Band Camp

SCHEDULE: **Band Camp** – Monday-Friday 19-23 JULY, 8am-8pm – RHS Campus
Parent Demonstration and Social – Saturday 24 JULY, 8am-1pm – RHS Campus

Monday-Friday, 19-23 JULY

(Please eat breakfast before coming! Drink lots of water! Early is on time!)

7am	Music Studio Opens
8am-11am	Outdoor drill (Indoor drill for weather/heat)
11am-1pm	Flex-time to include: (this time will shift throughout the week) Extended Drill Lunch (Bring your own lunch!) Rest and Social time Music Rehearsal
1pm-3pm	Sectional / Ensemble Rehearsal Time
3pm-4:30pm	Flex-time to include: (this time will shift throughout the week) Extended Sectional / Ensemble Rehearsal Time Drill Review
4:30pm-6pm	Dinner / Social time (band boosters will provide dinner based on individual orders, you are welcome to bring more or different)
6pm-7:30pm	Outdoor drill (Indoor drill for weather/heat)
7:30pm-8pm	Cleanup and Closing Information
8pm	Dismissal
8:30pm	Music Studio Closes (Please go get rest, drink lots of water, eat protein and clean carbs for recovery/energy)

Saturday, 24 JULY

(Please eat breakfast before coming! Drink lots of water! Early is on time!)

7am	Music Studio Opens
8am-11am	Outdoor drill (Indoor drill for weather/heat)
11am-12noon	Regroup and Prepare for Parent Demo
12noon-12:30pm	Parent Demonstration of everything we have learned so far!
12:30pm-1pm	Cleanup and Dismissal

EQUIPMENT:

*Music – Show Music, Stands Tunes, Fundamental Exercises and Warmups

*Instrument and Performance Equipment

*Tennis Shoes with socks (NOT flip flops, crocs, open toes, barefoot, etc.)

*Water – keep it cool in a refillable container – you should drink a lot of water!

Some people recommend camelback water containers because they make life easier

*Lunch – need to bring your own lunch plus other snacks or supplementary dinner foods

*Sunscreen

Bug Spray (some people find bugs can get annoying... Caity suggests lemon/vanilla oils!)

Hat (keep the sun out of your eyes, off the top of your head, off your face)

Sunglasses

BAND WEBSITE: Check out the band website at rolesvillehsband.com for a lot of information!

Music and Drill

Instruction Sheets

Parent Information

Contact Information

FUTURE DATES: ***Summer Rehearsals** – Tues, Wed, Thurs 10-12 AUGUST, 4pm-8pm – RHS Campus
Tues, Wed, Thurs 17-19 AUGUST, 4pm-8pm – RHS Campus

***Home Football Game vs Pinecrest HS** – Friday 20 AUGUST, 7pm kickoff – RHS Stadium

***First Morning Rehearsal** – Monday 23 AUGUST, 6:45am – RHS Music Studio

FIRST DAY OF SCHOOL! – Monday 23 AUGUST – RHS Campus

***Home Football Games:**

Friday, 20 AUG (**BEFORE 1st Day of School**) vs Pinecrest HS;

Friday, 10 SEPT vs Hillside HS;

Friday, 17 SEPT vs Broughton HS;

Friday, 15 OCT vs Knightdale HS;

Friday, 29 OCT vs Heritage HS;

potential for home and away playoff games in November and December!

***Marching Band Competitions:** Competition day schedules are usually released the week of the competition. It is a safe assumption to assume that competitions will take nearly the entire day.

Saturday 25 SEPT – Cleveland (NC) High School Critique + Competition

Saturday 2 OCT – Middle Creek High School Mustang Classic

(9 OCT – off week)

Saturday 16 OCT – Fuquay High School Festival of Bands

Saturday 23 OCT – Sanderson High School Capital City Band EXPO

Saturday 30 OCT – Cary High School Cary Band Day

***Parades:** Saturday 20 NOV - Raleigh Christmas Parade

Sunday 5 DEC - Rolesville Christmas Parade

Saturday 11 DEC - Wake Forest Christmas Parade

FUNDRAISING: **WALNUT CREEK FUNDRAISING** – multiple dates starting **23 JULY 2021!**
Check the sign-up genius on the band webpage (rolesvillehsband.com) home page.

MOTORS AND MARKET – **Saturday 21 AUG 2021**

More info on the band webpage. We need ALL HANDS ON DECK!

NOTE:

I am incredibly proud to be with you all making music and art together! Be prepared to take care of yourself physically and mentally for a long week! We have missed being TOGETHER. Work towards supporting one another musically and otherwise! YOU are important to us! Remember our goal words so far this week: Regeneration, Commitment, Consistency, Command (Strength), Concentration, Communication, and Courage!!!